

Unemployed, Facing Financial Problems, Still Struggling
with the Great Recession?

PERSEVERANCE STRENGTH TRAINING

Then plan to attend this workshop.

Led by renowned career counselor and author Beverly Ryle

Saturday, May 22, 2010 9:00 AM – 12 Noon

Parish Hall at St. Peter's Church

This workshop will offer strategies for coping effectively with the economy over the long haul. It is designed for anyone who has been impacted by the economic downturn, and would like positive ideas and practical support to sustain themselves, their families, and others who depend on them.

This program is a primer on the best practices for dealing constructively with the new economic reality. It offers strategies for coping with change *over the long haul*.

What participants will gain:

- New skills for building deeper professional relationships.
- Creative strategies for developing supportive partnerships.
- Reflective exercises for enhancing their focus on core skills, values and goals.
- Self-leadership and self-care practices essential to perseverance.



Beverly Ryle brings over 25 years of experience as a career counselor and coach to people in the midst of career and life transitions. She is the director of the Center for Career and Business Development on Cape Cod, and author of the acclaimed book, "Ground of your Own Choosing: Winning Strategies for Finding & Creating Work."

Ryle has been helping people-in-transition achieve their full potential for 25 years. (www.successonyourownterms.com)

-----Reserve Your Place Today!-----

Name: _____

Address: _____

Telephone: _____ Email: _____

Registration fee: \$30.

**Please make checks payable to St. Peter's Church Weston and note
"Perseverance Strength Training" on memo line.**

**Bring or mail your check and registration form to St. Peter's Church,
320 Boston Post Rd, Weston MA 02493.**

Call 781 891-3200 to register or for more information.